

## Laser Hair Removal

Just about your entire body is covered with hair. For women most of the hair is fine, and pale, not usually visible to the naked eye. For some women the hair is darker and coarser in places we don't like or expect on the face, neck, abdomen, breasts, or arms. These areas may prevent us from wearing the clothes we enjoy or participating in certain activities such as swimming.

For men, shaving or trimming your facial hair may be a regular grooming habit but excess hair on your back, shoulders, around the ears, or between the eyebrows seems to grow back faster than you can pluck or shave it. Regular shaving of body hair becomes a tedious chore. Hair has no vital function in humans yet its psychological importance is enormous. In cases like these, it may be time to consider permanent hair reduction.

Initially the hair should be trimmed or shaved for the area to be treated. Then a thin coat of clear cold gel is then lightly smoothed over the skin and laser pulses are directed at the hair bulbs.

Because the laser affects hair follicles only when they are in the growth phase, more than one treatment is necessary to disable hair follicles that subsequently enter the growth phase. During your consultation you will be advised as to the approximate number of the treatments required.

Side effects are rare. Most individuals experience no more than a slight sting or pinch as the laser pulses are applied. Some parts of the body do tend to be more sensitive than others and sometimes redness occurs for a few hours afterwards.