

## Thigh Lift

Thigh lifts are often a very effective procedure to help tighten the loose skin in the thighs and buttocks area often seen after massive weight loss. The procedure does not change the texture of the skin but helps to pull the skin up making it more taught and thereby helping to make the crepiness and wrinkles less noticeable. The procedure is usually done on an outpatient basis and the incisions are often designed in a way that they can be disguised with a bathing suit. The procedure is also often done together with liposuction to help contour the thighs at the same time, but this will be determined by your surgeon at the time of the consult.