

Liposuction

Liposuction or lipoplasty is a procedure for removal of localized fat deposits from specific areas of the body. It is well suited for women and men who are of a relatively normal weight but are having difficulty losing localized fat deposits that will not disappear despite weight loss or exercise.

Liposuction can be performed in a patient of any age as long as their skin has retained elasticity. The elasticity of the skin is what allows it to shrink and create a smooth contour. Any redundant or excess skin may have to be removed. Most liposuction procedures consist of softening the fat using fluid infiltration and removal of the fat with suction. Other options for softening the fat prior to suctioning include ultrasound and laser. Final results are usually achieved and visible after a couple of months.