

Breast Reduction/ Mammoplasty

Breast Reduction (Reduction Mammoplasty)

Large, heavy, pendulous breasts may cause a woman to potentially experience various medical problems related to the excessive weight of the breasts. These problems can include issues with posture, skeletal deformities, back, neck and shoulder pain, skin irritation, bra strap grooving as well as problems with breathing which are often seen with this condition. In addition there are often issues of self consciousness that can accompany excessively large breasts especially in teenage girls.

The breast reduction procedure removes fat, glandular tissue and excessive skin resulting in smaller, lighter, firmer breasts that have a better shape and are in a much better proportion to the rest of the body. The procedure is now often done on an outpatient basis and is immediately rewarding in alleviating symptoms due to macromastia (large breasts).