

Breast Lift / Mastopexy

Breast Lift (Mastopexy)

Over time, the effects of gravity along with the loss of the skin's natural elasticity begins to have an effect on the appearance of a woman's breasts. These factors, combined with pregnancies and nursing will often cause the breasts to lose their youthful shape and firmness.

A breastlift, or mastopexy, is a surgical procedure to raise and reshape sagging breasts. The procedure can also reduce the size of the areola (the darker skin surrounding the nipple). Breast implants inserted in conjunction with a mastopexy procedure can increase both firmness and size.